

## SUTURE REMOVAL

**Surgical Suture is used to hold body tissues together after an injury or surgery.**



- 1.** Suturing generally involves using an aseptic needle with an attached length of thread. Surgical Knots are used to secure the sutures.
- 2.** Suture removal will be done once when the wound is closed
- 3.** Suture removal is the process where sutures are removed by a qualified nurse on doctor's advice or the doctor himself.
- 4.** Protect the stitches. You may need to cover your stitches with a bandage for 24 to 48 hours, or as directed. Do not bump or hit the suture area. This could open the wound.
- 5.** Do not trim or shorten the ends of your stitches. If they rub on your clothing, put a gauze bandage in between the stitches and your clothes.