

OBSTETRIC ULTRASOUND

Obstetric ultrasound uses sound waves to produce pictures of a developing embryo or foetus within pregnant women, as well as the mother's uterus and ovaries.



1. For scans done in early pregnancy, you are required to have a full bladder. For scans in the second and third trimester, you need to have eaten well to ensure that the baby is active.
2. Please inform the doctor about your medical history & bring your past medical records /CDs.
3. The entire procedure usually takes about 30 minutes. It is performed by the treating doctor with a nurse assisting at all times.
4. You are settled comfortably in an area where you need to remove your ornaments, accessories, purse, belt etc.
5. Gel will be applied to the abdomen to provide better contact between the skin and scanner.
6. Doctor moves the scanner in various positions. Obstetric ultrasound is best if the fetus is examined in the different positions to optimally visualise the foetal parts. Pictures are sent instantly to a nearby monitor.
7. Doctor may have to push quite firmly at times in order to see the deeper structures.
8. The excess gel is wiped off gently after the scan.
9. You may empty your bladder after the scan.
10. As the desired foetal positions may not be obtained in one sitting and multiple sittings will be required to complete the examination.
11. Please equip yourself with some reading material and some snacks to make your waiting period comfortable