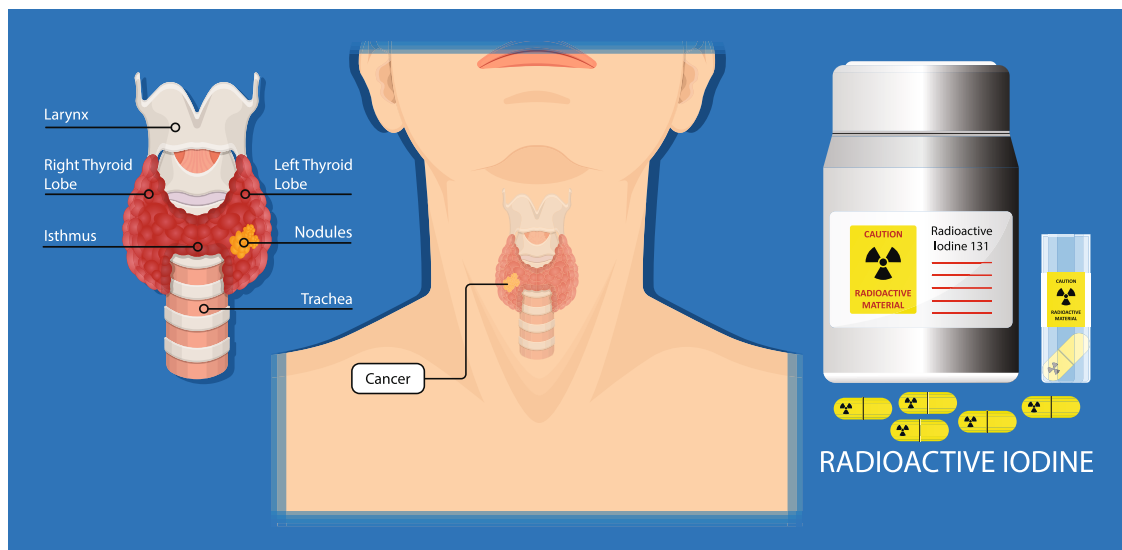


IODINE-131 THERAPY FOR THYROID CANCER-INSTRUCTIONS



1. Radioiodine therapy is a nuclear medicine treatment used to treat hyperthyroidism and thyroid cancer.
2. Pre Procedure, you will be given medications and need to inform the doctor of any allergies, asthma or if you are pregnant.
3. The radioiodine is administered orally and depending on the dose, you will need to stay in the isolation room for 1 or 2 days.
4. The staff will be monitoring you remotely throughout at be at hand for anything you need.
5. You'll be advised to chew gum or candy to avoid iodine uptake in the salivary gland.
6. For the first 8 hours, you must drink one glass of water each hour and empty your bladder immediately.
7. Once your radiation levels are within permissible limits, the scan will be done.
8. You need to shower and void urine before the scan, which takes about 20 minutes.
9. Post-procedure, drink lots of water for 2-3 days and avoid close contact with pregnant women and juveniles.