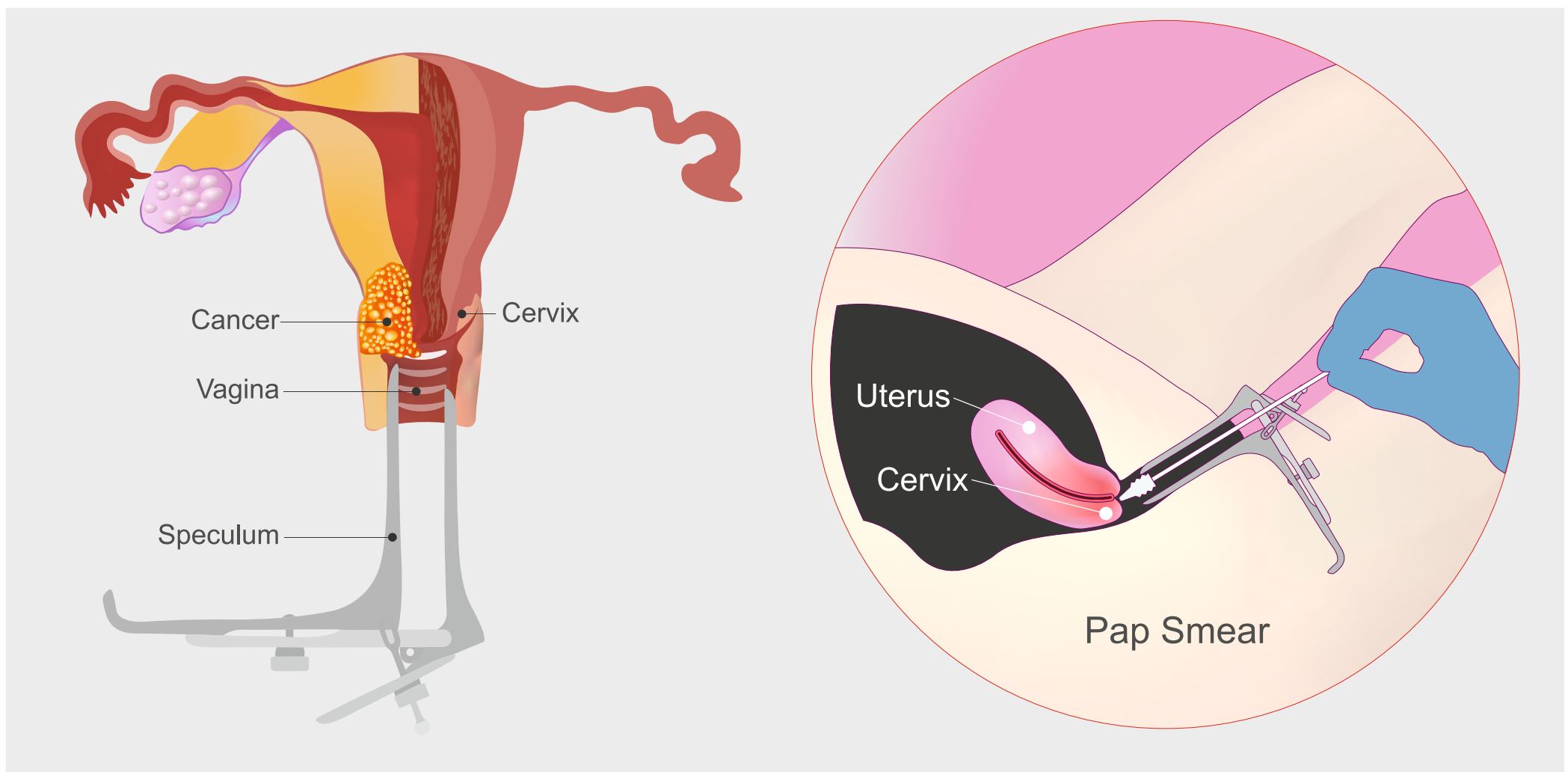




PAP SMEAR



Overview:

A Pap Smear or Pap Test is a vaginal exam that screens for cervical cancer. This is done by taking a swab to collect cervical cells to be examined for abnormal growth and other indications of precancerous /cancerous cells. It's a simple procedure that takes approximately 5 minutes.

Pre Procedure:

- You must abstain from sex, avoid douching, or using any vaginal medicines or spermicidal foams, creams or jellies for two days before having a Pap Smear, as these may wash away or obscure abnormal cells.
- Try not to schedule a Pap Smear during your menstrual period. It's best to avoid this time of your cycle, if possible.

During Procedure:

- The procedure just takes 5 minutes and is absolutely painless.
- You will be given a gown to change into.
- You will be required to lie down on your back on an exam table with your knees bent.
- Doctor will gently insert an instrument called a speculum into your vagina.

- The speculum holds the walls of your vagina apart so that your doctor can easily see your cervix. Inserting the speculum may cause a sensation of pressure in your pelvic area.
- Then your doctor will take samples of your cervical cells using a soft brush and a flat scraping device called a spatula.
- Your doctor transfers the cell sample collected from your cervix into a container or onto a glass slide.

Post Procedure:

- You can resume normal activities, post Pap Smear.
- Reports will be available after 3 days. You will need to meet your Gynaecologist for reviewing the Pap Smear report.