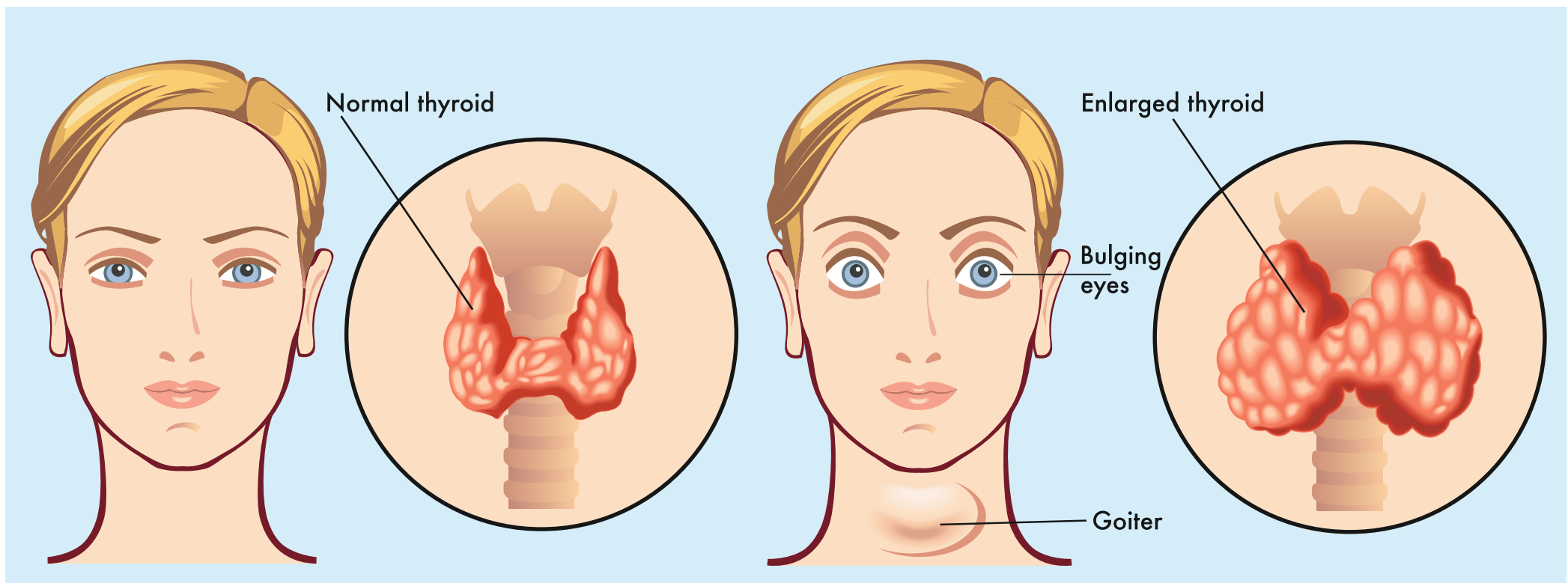


THYROID SCAN INSTRUCTIONS



Overview:

Thyroid Scan is a specialized imaging procedure for examining the thyroid, gland that controls metabolism. During this scan a radioactive iodine or ^{99m}Tc tracer is used to examine the structure and function of the thyroid gland.

Pre Procedure:

- You must inform the doctor of any history of allergy or asthma and your medical history.
- This procedure does not require fasting.
- You must have plenty of water.
- In case you have done this scan earlier, please carry your past reports / CDs.
- You are advised not to wear any jewellery / ornaments on your neck as the imaging is done in the neck region.
- You must avoid using mobile phone during the procedure.
- If you know or think you could be pregnant, inform Attending staff.
- This procedure will take around 30 to 40 minutes.

During Procedure:

- Technician will check history, explain the procedure and all the instructions you must follow during the procedure and obtain consent from you.

- Small dose of radioactive IV injection is given and scan will be done 20 minutes later. You will have to wait in the injection room.
- After 20 minutes you will be taken for the scan. The scan duration is about 10 minutes.

Post Procedure:

- Drink 2 litres of water for the rest of the day. This is essential to flush out the remaining radioactive medicine in the body.
- You must stay away from pregnant women and children for 24 hours, to avoid radioactive exposure.
- There are no dietary restrictions post the procedure and you may resume all normal activities too.
- Reports will be issued the same day.