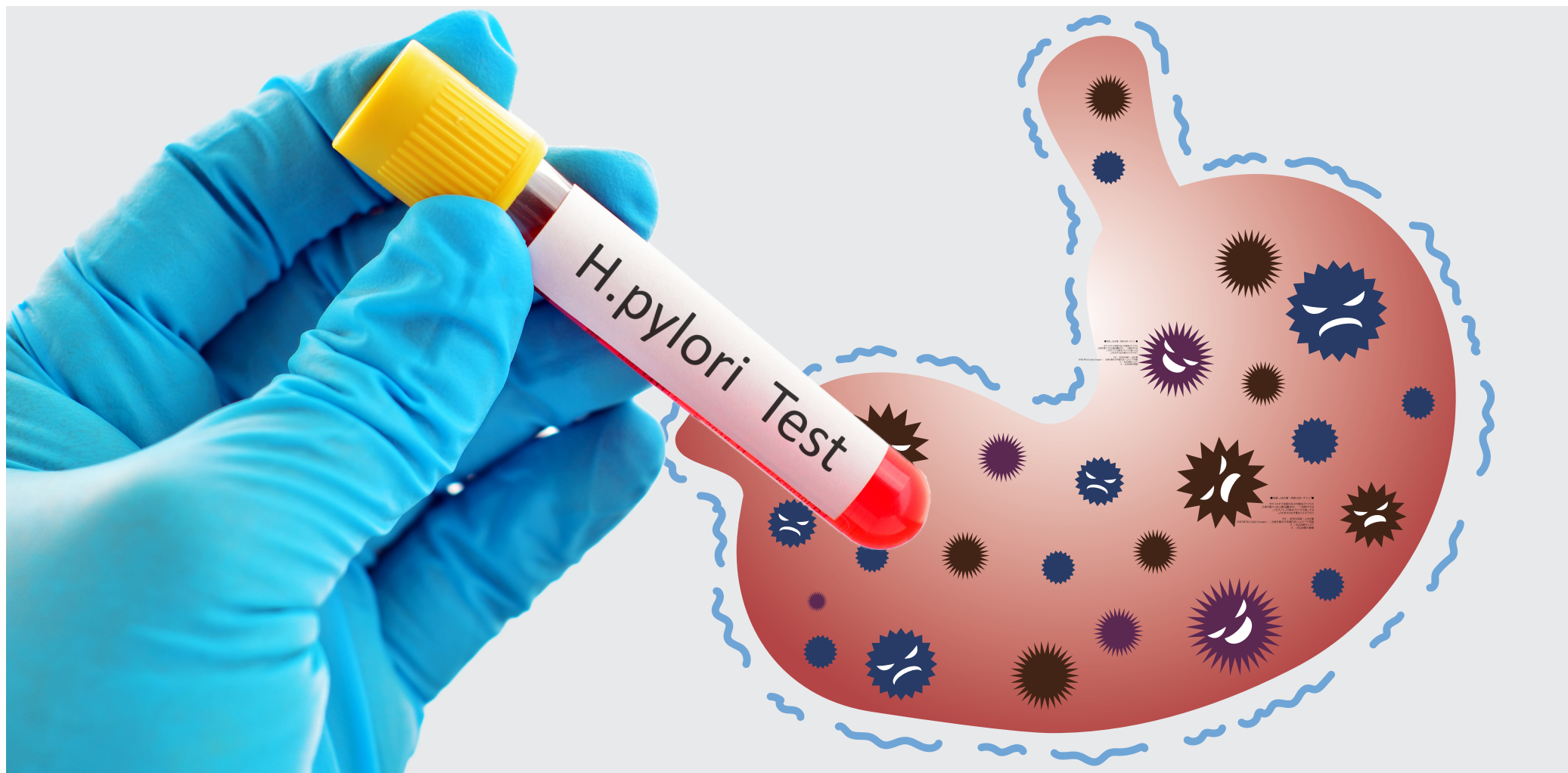




HYDROGEN BREATH TEST



Overview:

Hydrogen Breath Test is usually performed to detect small intestinal bacterial overgrowth and also glucose / lactose malabsorption.

Pre Procedure:

- Avoid the following:
 - ◊ Fibre supplements - 24 hours before the test.
 - ◊ Antibiotics and antacids - 4 weeks before the test.
 - ◊ Prokinetics and anti-motility drugs - 1 week before the test.
- The test is performed on an empty stomach, so you must be fasting for 12 hours or overnight.
- Inform the doctor if you are diabetic.

During Procedure:

- This is a painless, non-invasive procedure that usually takes about 2 hours.
- You are settled comfortably in an area where your privacy is respected throughout the procedure. You will be given a hospital gown to change into.

- The test is performed in a sitting position.
- Glucose water is given to you before the test. If you are diabetic, the amount of glucose to be consumed will be lesser in quantity.
- The test is performed with a small equipment called a Gastrolyser.
- A disposable tube is attached to the Gastrolyser and you are asked to breathe into it every 15 minutes for 2 hours.

Post Procedure:

- Post the procedure, reports will be issued after an hour.
- There are no dietary restrictions after the procedure and you may resume normal activities.