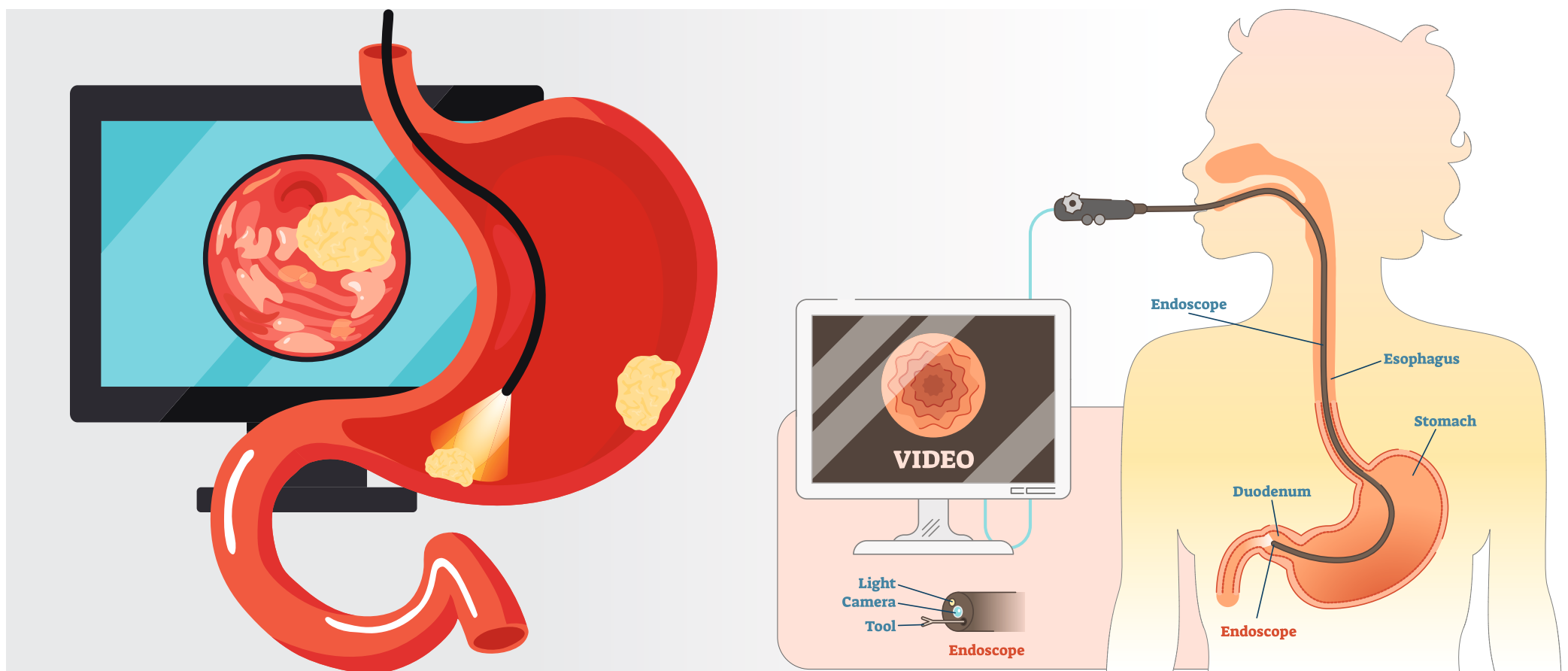




OGD



Overview:

OGD or Oesophago-gastro Duodenoscopy is a visual examination of the lining of your oesophagus, stomach and duodenum.

Pre Procedure:

- You should be on an empty stomach with overnight or 6 to 8 hours of fasting. Post-midnight, you must not consume anything, not even water.
- You must inform the doctor about your underlying medical conditions and if you are on blood thinners.

During Procedure:

- You are settled comfortably in an area where your privacy is respected throughout the procedure. You will be given a hospital gown to change into.
- You will have to remove your eye glasses, contact lenses and dentures.
- Local anaesthesia is sprayed on your throat to make it numb. You may also be given a sedative by injection.
- A mouth guard will be placed to protect your teeth.
- While you are in a comfortable position on your left side, the doctor will pass the endoscope through your mouth and throat. You will be asked to swallow the saliva and not the endoscope.
- The endoscope will not interfere with your breathing nor cause any pain. This process takes about 5 minutes.

- During OGD, if necessary small tissue samples (Biopsies) can be taken during the examination painlessly for pathologic examination.

Post Procedure:

- Your throat may feel numb and slightly sore.
- Please take rest for one full day.
- You should not attempt to eat or drink until your swallowing reflex is normal.
- You may return to your regular diet unless otherwise instructed.
- You may feel slightly bloated due to the air which has been introduced through the endoscope.
- If you have had a sedative injection, a companion must be available to drive you home. For the remainder of the day, you should not drive a car, operate machinery or make important decisions as the sedation impairs your reflexes and judgement.
- Upper GI endoscopy is generally a safe procedure although in rare occasions, complications such as cardio-respiratory problems, tear of the intestine or bleeding may occur. Please contact your doctor immediately, in such cases.