

## SUTURE REMOVAL



### Overview:

*Sutures are tiny threads, wire or other material used to stitch body tissue and skin together. Suture removal is the process of removing these stitches once the wound has healed.*

### Pre Procedure:

- Please carry your past medical records / CDs.
- Kindly inform the doctor if you have redness, pus, increased swelling, tenderness or pain around the wound.
- Please wear loose, comfortable clothing around the site of suture removal.

### During Procedure:

- This is an invasive procedure that usually takes about 15 to 20 minutes.
- You are settled comfortably in an area where your privacy is respected throughout the procedure.

- The site of suture removal is cleaned and disinfected.
- Doctor will check the wound and remove the sutures, if the wound has healed completely.
- You may experience slight discomfort such as a pulling sensation while removing the sutures.
- Doctor will clean and disinfect the site again after the sutures are removed.

### Post Procedure:

- There are no restrictions post the procedure and you may resume all normal activities too.