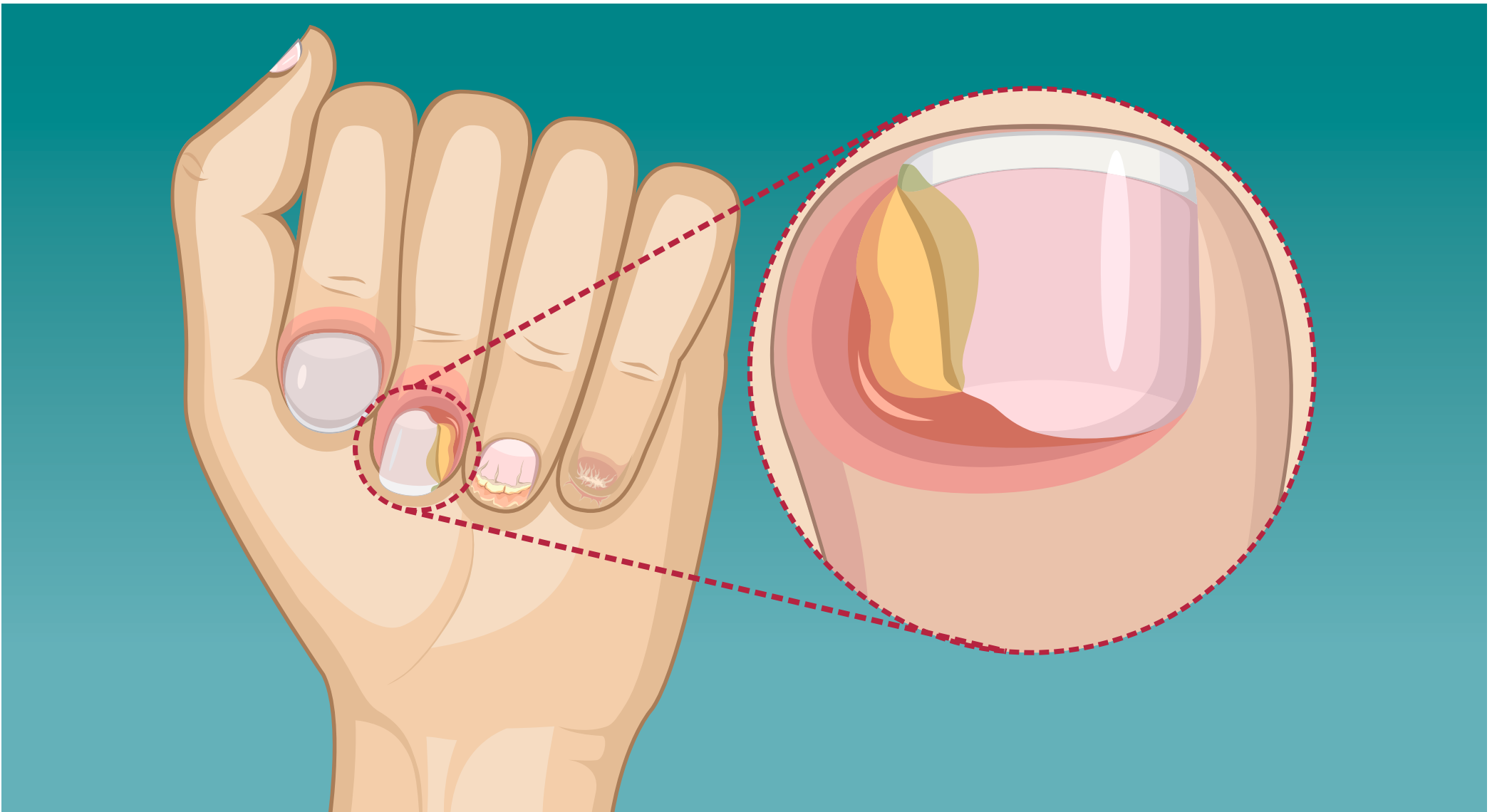




Paronychia (Nail- Infection)



Overview:

Paronychia Nail Infection is a tender bacterial or fungal nail infection of the hand or foot. It usually occurs where the nail and skin meet at the side or the base of a finger or toe nail.

Pre Procedure:

- There are no specific instructions to be followed before the procedure.

During Procedure:

- This is an invasive procedure that usually takes about 10 to 15 minutes, depending on the infection. It is performed by the treating doctor with a nurse assisting at all times.
- You will be asked to sign a consent form.
- You are settled comfortably in an area where your privacy is respected throughout the procedure.
- The infected area around the nails is cleaned with Betadine solution.
- Local anesthesia is administered via injection by doctor.
- The doctor then makes a stab / cruciate incision in the infected area, drains pus / collection to relieve discomfort and aid healing and collects a pus culture swab.
- The swab is sent to the laboratory for examination.
- The affected finger / toe nail is dressed by the nurse.

Post Procedure:

- Post procedure, you may be advised pain killers & antibiotics.
- You may need to come for dressing at regular intervals, based on the condition of the infected site or as instructed by the doctor. Regular dressing helps faster healing and prevents infection.
- The infected nail area has to be kept dry and not wetted till the area has healed. Please refrain from taking bath or perform any activities that will wet the nails. Alternately, if required, you may sponge bathe.
- Please try not to disturb the dressing and the nail area.
- In case you observe soakage or bleeding from the site, contact your doctor immediately.
- There are no dietary restrictions after the procedure and you may resume normal activities.
- Post the procedure, culture reports are issued after three days.