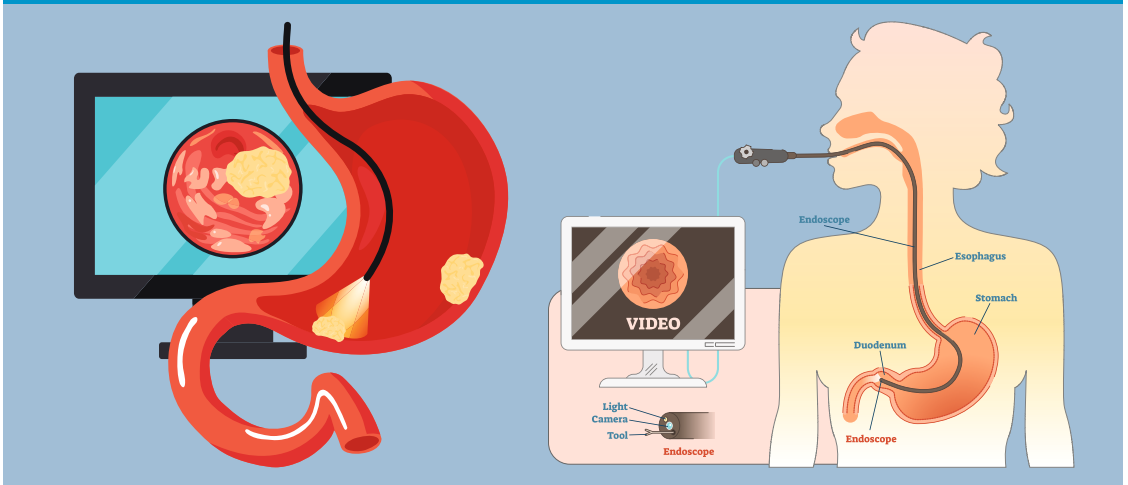


Oesophago-Gastro-Duodenoscopy (OGD)

A visual examination of the lining of your oesophagus, stomach and duodenum.



1. Need fasting for 6 -8 hours before the procedure.
2. Inform the doctor about your underlying medical conditions and if you are on blood thinners.
3. You will be settled comfortably in an area where you need to remove your ornaments, accessories, purse, belt etc.
4. Local anaesthesia is sprayed on your throat to make it numb. You may also be given a sedative by injection & a mouth guard will be placed to facilitate endoscope passage through the mouth.
5. While you are in a comfortable position on your left side, the doctor will pass the endoscope through your mouth and throat. You will be asked to swallow.
6. The endoscope will not interfere with your breathing nor cause any pain. This process takes about 5 minutes.
7. During OGD, if necessary small tissue samples (Biopsies) can be taken during the examination painlessly for pathologic examination.
8. Your throat may feel numb and slightly sore. Do not attempt to eat or drink until your swallowing reflex is normal.
9. You may return to your regular diet unless otherwise instructed.
10. You may feel slightly bloated due to the air which has been introduced through the endoscope.
11. If you have had a sedative injection, a companion must be available to drive you home. For the remainder of the day, you should not drive a car, operate machinery or make important decisions as the sedation impairs your reflexes and judgement.
12. On rare occasions, complications such as cardio-respiratory problems, tear of the intestine or bleeding may occur. Please contact your doctor immediately, in such cases.