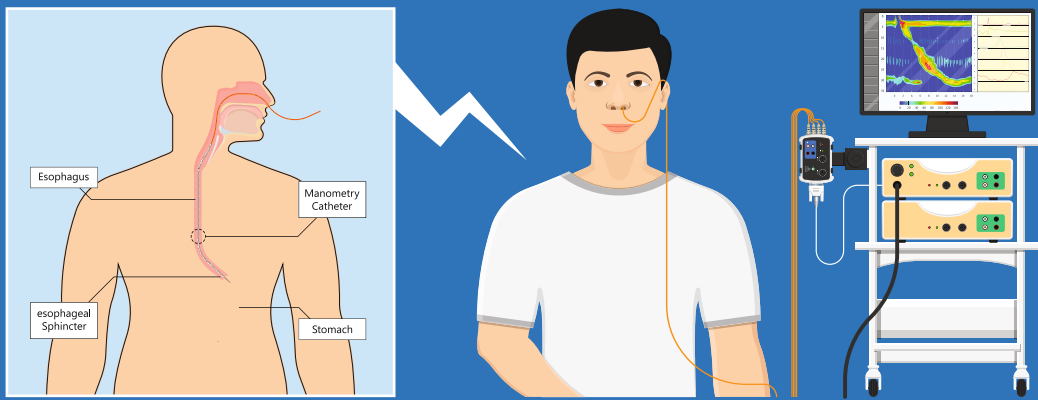


## ESOPHAGEAL MANOMETRY

A test used to identify problems with movement and pressure in the oesophagus which measures the strength and muscle coordination of the oesophagus while swallowing.



1. Need fasting for 6-8 hours before the procedure.
2. Inform the doctor of underlying medical conditions / history.
3. This procedure usually takes about 15 to 30 minutes. It is performed by the treating doctor with a nurse assisting at all times.
4. You will be asked to sign a consent form and then settled comfortably in an area where you need to remove your ornaments, accessories, purse, belt etc.
5. While you lie in a comfortable position on your back, the doctor will pass a thin pressure sensitive probe through the nose, down the oesophagus and into the stomach. Local Anaesthetic Jelly will be applied in the nostril to reduce the discomfort.
6. You may experience slight discomfort when the probe is inserted through the nose.
7. You will be asked to swallow 5ml of water repeatedly to assess oesophageal motility.
8. The probe is gently removed from the esophagus and nose, once the test is completed.
9. You must not consume solid food for a few hours until the swallowing reflex is normal.
10. Post the procedure, reports are issued after an hour.