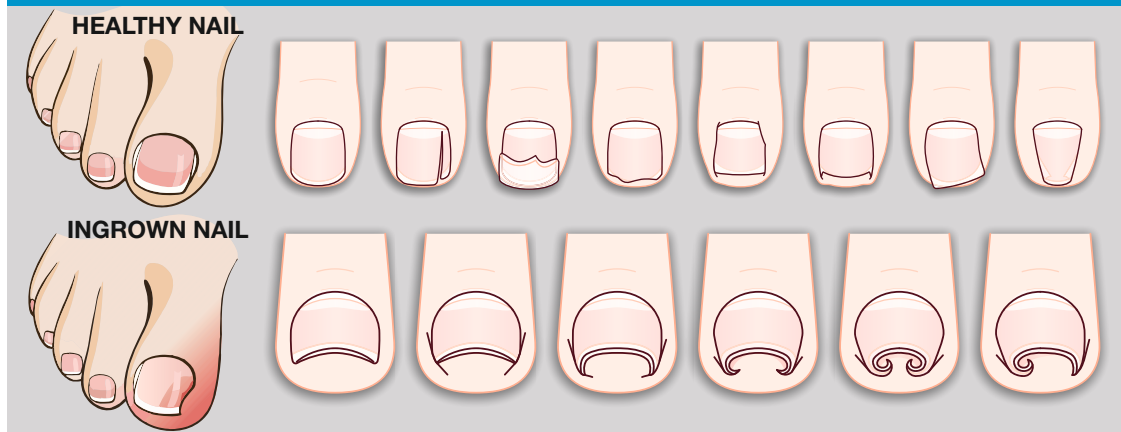


# INGROWN TOE NAIL

Occur when the edges or corners of nails grow into the skin next to the nail. The big toe is most likely to get an ingrown toe nail.



1. This is an invasive procedure that usually takes about 10 to 15 minutes.
2. You will be asked to sign a consent form.
3. You are settled comfortably in an area where your privacy is respected throughout the procedure and you are covered with a bed sheet / blanket.
4. The affected toe nail is cleaned with Betadine solution & local anesthesia is administered via injection by doctor.
5. The doctor then makes an incision and removes the partial nail plate / complete nail plate - Nail Bed is destroyed with the blade.
6. A clean compression bandage is applied on the toe nail.
7. Post procedure, you will be asked to lie down and kept under observation for 10 to 15 minutes.
8. Keep your foot in a raised position for the next one to two days and wear open footwear to allow your toe to heal properly.
9. The site has to be kept dry until healed.
10. You may be advised pain killers & antibiotics to prevent any infection.
11. You may need to come for dressing at regular intervals, based on the condition of the toe nail or as instructed by the doctor.
12. In case you observe soakage or bleeding from the site, contact your doctor immediately.