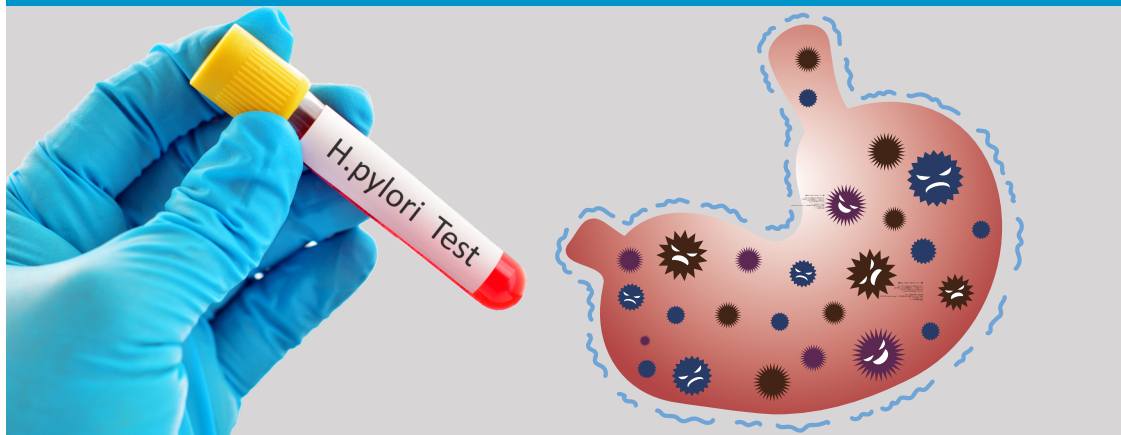


HYDROGEN BREATH TEST

It is performed to detect small intestinal bacterial overgrowth and also glucose / lactose malabsorption



1. Fasting for 12 hours.
2. Avoid the following:
 - a) Fibre supplements - 24 hours before the test.
 - b) Antibiotics and antacids - 4 weeks before the test.
 - c) Prokinetics and motility drugs - 1 week before the test.
3. Inform the doctor if you are diabetic.
4. Usually takes about 2 hours.
5. The test is performed in a sitting position.
6. Glucose water is given to you before the test. If you are diabetic, the amount of glucose to be consumed will be lesser in quantity.
7. The test is performed with a small equipment called a Gastrolyser to which a disposable tube is attached and you are asked to breathe into it every 15 minutes for 2 hours.
8. Post the procedure, reports will be issued after an hour.