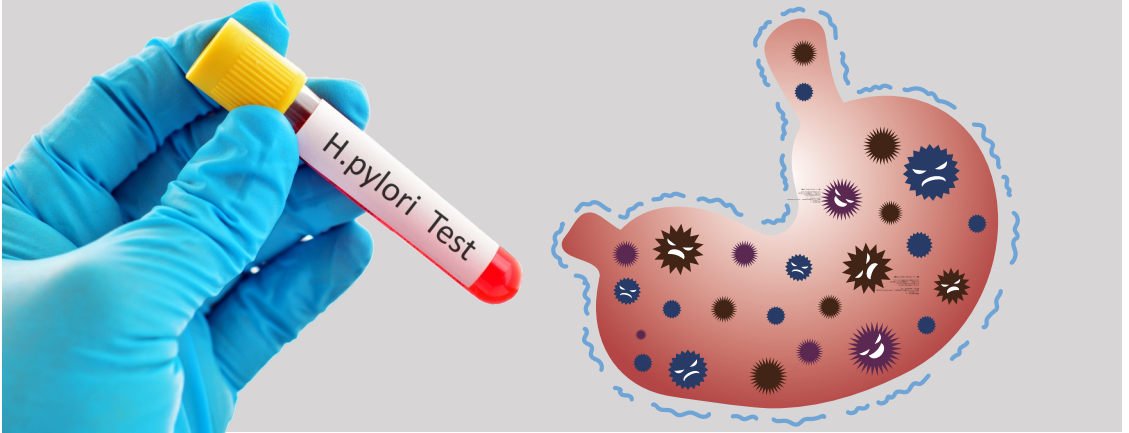


HYDROGEN BREATH TEST

It is performed to detect small intestinal bacterial overgrowth and also glucose / lactose malabsorption



- 1.** Fasting for 12 hours.
- 2.** Avoid the following:
 - a)** Fibre supplements - 24 hours before the test.
 - b)** Antibiotics and antacids - 4 weeks before the test.
 - c)** Prokinetics and motility drugs - 1 week before the test.
- 3.** Inform the doctor if you are diabetic.
- 4.** Usually takes about 2 hours.
- 5.** The test is performed in a sitting position.
- 6.** Glucose water is given to you before the test. If you are diabetic, the amount of glucose to be consumed will be lesser in quantity.
- 7.** The test is performed with a small equipment called a Gastrolyser to which a disposable tube is attached and you are asked to breathe into it every 15 minutes for 2 hours.
- 8.** Post the procedure, reports will be issued after an hour.